

1 Copper Reduction and Contact Killing of Bacteria by Iron Surfaces

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11 Running head: Contact Killing of Bacteria on Iron Surfaces

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31 Keywords: antimicrobial, contact killing, iron surfaces, redox, copper

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33 **The well-established killing of bacteria by copper surfaces, also called contact killing, is currently**
34 **believed to be a combined effect of bacterial contact with the copper surface and the dissolution of**
35 **copper, resulting in lethal bacterial damage. Iron can similarly be released in ionic form from iron**
36 **surfaces and would thus be expected to also exhibit contact killing, though essentially no contact killing is**
37 **observed by iron surfaces. However, we here show that exposure of bacteria to iron surfaces in the**
38 **presence of copper ions results in efficient contact killing. The process involves reduction of Cu^{2+} to Cu^+**
39 **by iron; Cu^+ has been shown to be considerably more toxic to cells than Cu^{2+} . The specific Cu^+ chelator,**
40 **bicinchoninic acid, suppresses contact killing by chelating the Cu^+ ions. These findings underline the**
41 **importance of Cu^+ ions in the contact killing process and infer that iron-based alloys containing copper**
42 **could provide novel antimicrobial materials.**

43

44 The killing of bacteria by metallic copper surfaces, so-called 'contact killing', is now well established and
45 has explicitly been shown for many species (1). Bacteria are killed within minutes on surfaces of copper or
46 copper alloys containing at least 60% copper. In contrast, cells can survive for days on surfaces of stainless
47 steel, glass, or plastics. Copper and copper alloys have attracted attention as a means of creating self-
48 sanitizing surfaces in the light of increasing nosocomial infections in Western hospitals. In a number of
49 hospital trials, rooms have been fitted with copper alloy table tops, bedrails, door handles, light switches,
50 bathroom fixtures, etc. in an effort to curb nosocomial infections (2-6). These copper surfaces resulted in a
51 two- to three-log reduction of the microbial burden on a continuous basis. However, further data are
52 needed to convincingly demonstrate that these measures also lead to a lasting reduction of nosocomial
53 infections. But it appears clear that copper-containing materials can contribute to hospital hygiene and
54 lower the bacterial burden also in other facilities where clean or aseptic working procedures are required
55 (7).

56 The mechanism of contact killing of bacteria by copper-containing materials is of interest not only in
57 connection to its use in hospitals, but also from a purely scientific point of view. Laboratory studies have
58 shown that bacteria on copper surfaces suffer rapid membrane damage and DNA degradation, in addition
59 to other less well-defined cellular damage (8-13). The importance and the order of the different processes
60 leading to cell death may depend on the type of microorganism (10). One key element required for contact
61 killing is the release of copper ions from the metal surface. Bacterial copper resistance systems appear
62 unable to cope with the released copper (14-16). The second important requirement for contact killing is
63 bacterial contact with the metal surface (17). Recently, we showed that bacteria are also killed
64 effectively on iron surfaces if ionic copper ions are present (18). In this study, we also show that the
65 reduction of Cu^{2+} to Cu^+ by the iron surface plays a key role in the killing process. These findings underline

66 the greater toxicity of Cu^+ when compared to Cu^{2+} and suggest novel antimicrobial materials based on iron
67 alloys able to release copper.

68

69 MATERIALS AND METHODS

70 **Bacterial strains and growth conditions.** The wild-type strain *Enterococcus hirae* (ATCC9790) wild-type
71 strain was grown anaerobically by inoculating 10 ml of air-saturated N-media (18), followed by growth in
72 sealed tubes to stationary phase at 37 °C. Cells were collected by centrifugation for 5 min at 5000 x g,
73 washed twice with 20 ml of 100 mM Na-HEPES pH 7 or, where indicated, with 100 mM Tris-Cl pH 7, and
74 resuspended in 10 ml of the same buffer. The average cell density was $2\text{-}8 \times 10^8$ cfu/ml. All handling of cells
75 was performed aerobically.

76 **Preparation of iron coupons.** Iron plates of dimensions 10 x 20 x 0.5 mm, in the following called
77 'coupons' were >99% iron, <1% carbon, and were cleaned by ultrasonication in chloroform and ethanol for
78 10 min each, followed by air-drying. Following cleaning, all coupons used in this study were stored under
79 nitrogen until used.

80 **Measurement of contact killing.** To assess contact killing, a wet plating technique was used, essentially
81 as previously described in (15). Briefly, 40 μl of cells suspended in 100 mM Tris-Cl or Na-HEPES, pH 7, and
82 supplemented with 2 mM bicinechonic acid (BCA) or 4 mM CuSO_4 were applied to the coupons. Following
83 incubation at 25 °C for 0 to 300 min in a water-saturated atmosphere, 10 μl samples were withdrawn and
84 serial dilutions in PBS were spread on N agar plates. Following growth for 24 h, survival was calculated from
85 plate counts and expressed in colony forming units (cfu).

86 **Copper and iron determinations.** Copper or iron release from coupons during wet plating was assessed
87 by removing 20 μl aliquots at 0 to 300 min, diluting them 50-fold with 0.065% HNO_3 , and measuring the
88 copper content by inductively coupled plasma atomic emission (ICP-AE) spectroscopy on a Jobin Yvon JY 24
89 instrument (HORIBA Jobin Yvon GmbH, Munich, Germany) at 324.754 nm for Cu or 259.940 nm for Fe.

90 **Measurement of copper reduction.** Cell suspensions as used to measure contact killing with 4 mM
91 CuSO_4 (40 μl) were applied to iron coupons and at 0 to 300 min, 10 μl aliquots were withdrawn, mixed with
92 990 μl of 100 μM BCA in 0.1 M Tris-Cl pH 7. Formation of Cu^+ was determined by measuring the
93 concentration of the formed Cu(BCA)_2 complex at 354.5 nm, using an extinction coefficient $\epsilon = 4.6 \times 10^4 \text{ M}^{-1}$
94 cm^{-1} (19).

95

96 **RESULTS**

97 **Contact killing on iron coupons.** Iron has similar redox properties as copper, yet it does not exhibit contact
98 killing of bacteria. When 2×10^7 cells of *Enterococcus hirae* were applied to an iron surface, there was no
99 significant reduction (<1 log) in the number of live bacteria is observed after 300 min, both under anaerobic
100 and aerobic conditions (Fig. 1A). However, if 4 mM CuSO_4 is added to the cells, no survivors can be
101 recovered after 300 min under anaerobic as well as aerobic conditions. After 100 min of exposure, a
102 difference between anaerobic and aerobic conditions can be observed, with three logs of killing under
103 aerobic and nearly six logs of killing under anaerobic conditions. The concentration of 4 mM CuSO_4 was
104 chosen on the basis of previous findings which had shown that the rate of killing on iron is proportional to
105 the copper concentration (17); 4 mM CuSO_4 provided an ideal time window for the present studies.

106 These experiments were conducted in Na-HEPES buffer which exhibits negligible complexing of copper.
107 If these experiments were conducted in Tris-Cl buffer, which is known to complex copper strongly (20),
108 contact killing was even more rapid, with complete killing observed already after 100 min, compared to 300
109 min in Na-HEPES, both under aerobic and anaerobic conditions (Fig. 1B). There was also a significant decline
110 in viability in Tris-Cl buffer in the absence of copper. The cause of this loss in viability remains unknown, but
111 may be connected to the membrane permeability of Tris-Cl in its non-dissociated state. Taken together,
112 these experiments show that the addition of copper to cells on metallic iron induces contact killing and that
113 the effect is accentuated by anaerobic conditions.

114 **The role of copper reduction.** The enhancement of copper-induced contact killing by anaerobic conditions
115 led us to conclude that the oxidation state of the copper ions is important to the process. We thus
116 determined the presence of Cu^+ in the course of contact killing experiments on iron. When cells were
117 exposed to metallic iron in the presence of CuSO_4 , there was significant generation of Cu^+ ions even at the
118 shortest times measurable (1-2 s; Fig. 2). Overall, Cu^+ generation did not differ significantly between aerobic
119 and anaerobic conditions and on average, remained at approximately 0.8 mM throughout the experiment.
120 It has previously been shown that Cu^+ is considerably more toxic to cells than Cu^{2+} (21). The faster killing of
121 *E. hirae* on iron in the presence of copper thus appears to be related to the generation of Cu^+ .

122 **Copper reduction by iron.** The obvious source of electrons for copper reduction is the Fe(0) of the coupons.
123 We therefore looked at iron release from the coupons in the presence of copper. There was substantial
124 release of iron into the aqueous medium, regardless of the presence of either copper or cells (Fig. 3). After
125 300 min, 15 mM iron was released into the aqueous phase in the absence of copper. When 4 mM CuSO_4
126 was present, iron release was enhanced by about 30%. Iron is not very soluble under aerobic conditions at
127 pH 7 and it must be assumed that most of the iron was present in the hydroxide form. In fact, the
128 formation of a visible film, presumably of iron hydroxide, on the surface of the aqueous phase could be
129 observed. Iron release was unexpectedly high, exceeding copper reduction almost 20-fold and this release

130 was unlikely to play an important role in contact killing by metallic iron in the presence of copper. The
131 generation of Cu^+ appears to be the key toxicity mechanism.

132 **Cu^+ chelation suppresses copper toxicity on iron.** Since the generation of Cu^+ appears to be the toxicity
133 mechanism of contact killing on iron in the presence of copper, specific chelation of Cu^+ by BCA was
134 investigated. Fig. 4 shows that contact killing in the presence of copper was massively reduced by BCA.
135 After 300 min of exposure, only a two log (99%) reduction of cell survival was observed in the presence of 4
136 mM CuSO_4 and 2 mM BCA as compared to experiments without chelation, where survival was reduced by >
137 7 logs. BCA by itself had no significant effect on the survival of bacteria on iron or glass. This further
138 supports that contact killing on iron surfaces in the presence of copper is due to reduction of Cu^{2+} to more
139 toxic Cu^+ .

140 **Redox-inactive metal ions do not promote contact killing on iron.** As a further test of the concept of
141 copper reduction as the active principle in contact killing on iron plus copper ions, metal ions which are not
142 redox-active were tested as to their effect on bacterial survival on iron. As shown in Fig. 5, neither Zn^{2+} nor
143 Cd^{2+} had a significant effect on bacterial survival on iron (note that the ordinate of this Figure is greatly
144 expanded for clarity). Clearly, redox reactions between iron and copper are the underlying mechanism of
145 contact killing of bacteria on iron in the presence of copper ions.

146

147 DISCUSSION

148 We previously reported the augmentation of contact killing of bacteria on iron surfaces by copper ions (17).
149 This study continued to evaluate copper contact killing gain insight into the biocidal mechanism. Solid iron
150 by itself only marginally impairs bacterial survival. However, when cell suspensions are supplemented with
151 Cu^{2+} , rapid bacterial killing is triggered. Key events in the process appear to be iron solubilization and
152 copper reduction. Reduction of Cu^{2+} to Cu^+ can be driven by metallic iron or Fe^{2+} serving as reductants. This
153 process has been thermodynamically analyzed in detail by Matocha et al. (22). Here Cu^+ can then form
154 insoluble cuprite (Cu_2O), even under anaerobic conditions (22). Cu^+ is considerably more toxic to bacteria
155 than Cu^{2+} , due presumably to its greater membrane permeability than Cu^{2+} (21;23). Cu_2O was also found to
156 be as toxic to bacteria as metallic copper (24). The copper-induced contact killing on iron shown here is
157 more rapid than contact killing by copper surfaces, presumably due to the greater toxicity of Cu^+ versus
158 Cu^{2+} . However, there may also be synergistic effects of the simultaneous presence of Fe^{2+} , Fe^{3+} , Cu^+ , Cu^{2+} ,
159 and Cu_2O (17). It was also observed that a copper-sensitive *E. hirae* mutant deleted in both copper ATPases
160 and thus unable to expel cytoplasmic copper was completely killed on iron in the presence of copper in 100
161 min (> 6 logs), compared to 300 min for wild-type under the same conditions (data not shown). This further
162 underlines the importance of copper ions in the contact killing process.

163 The buffer used to suspend cells had a significant effect on the rate of killing, with Tris-Cl buffer
164 mediating faster killing than Na-HEPES. Tris is known to form complexes with copper, which could be more
165 membrane-permeable than free copper ions (20). Tris was also shown to permeabilize the outer membrane
166 of *E. coli* and may damage the cell membrane of Gram-positive organisms like *E. hirae*, but this will require
167 further investigation (25). The chloride ions at the concentration present in Tris-Cl buffer stabilize the more
168 toxic Cu^+ ions (22).

169 Contact killing of bacteria by copper surfaces involves the following steps: damage of the outer and/or
170 inner bacterial membrane, accumulation of copper ions in the cell, and degradation of the bacterial DNA
171 (1). The order in which these events lead to cell death is an issue of debate and may vary with the organism
172 (9-11;26;27). Copper can lead to the production of reactive oxygen species (ROS) in both Gram-positive and
173 Gram-negative organisms by Fenton-type reactions. But cell death can only partially be suppressed by ROS
174 quenchers like superoxide dismutase or catalase (14). ROS generation and lipid peroxidation by copper ions
175 was also shown to occur in *E. coli* and *Salmonella* exposed to solid copper (10;28). A mutant strain with
176 higher levels of unsaturated fatty acids and thus more sensitive to ROS exhibited an earlier rise in lipid
177 peroxidation, higher sensitivity to contact killing, and an earlier onset of DNA degradation (28). Evidence for
178 oxidative damage was also apparent from the proteome of *E. coli* exposed to metallic copper by the
179 increased presence of oxidatively modified proteins (29). While ROS clearly cause cell damage in contact
180 killing, it is probably an accompanying effect rather than the primary cause of cell death.

181 In the experiments presented here, Cu^+ is produced by the reduction of Cu^{2+} via oxidation of iron.
182 Anaerobic conditions lead to more rapid killing than aerobic conditions, suggesting that ROS production as
183 not a primary cause of cell death. Rather, anaerobic conditions stabilize Cu^+ , leading to higher transient
184 concentrations (cf. Fig. 2) and favor oxidation to Cu_2O rather than to CuO ; Cu_2O has been shown to be as
185 toxic to cells as unoxidized, metallic copper, while CuO is less toxic (24). Substantial amounts of iron are
186 released from the coupons and copper stimulates this release by about 30%. Ionic iron can also induce
187 killing of bacteria, as previously shown (30).

188 That Cu^+ is a key player in contact killing in the experiments reported here is evident by the protective
189 effect of the specific Cu^+ -chelator BCA. How copper kills cells in contact killing is clearly different from the
190 mechanism in growing cells. In culture, the toxic effect of copper on *E. coli* was shown to be the
191 displacement of [4Fe-4S] clusters of dehydratases (31-33). Destruction of [4Fe-4S] clusters was also shown
192 for Ag^+ , Hg^{2+} , Cd^{2+} , and Zn^{2+} at concentrations which only marginally inhibited growth (33). In line with an
193 attack of iron-sulfur clusters by these ions, their cytotoxicity was related to their thiophilicity. In our
194 experiments, the redox inactive metals Cd^{2+} and Zn^{2+} were unable to elicit significant cell death on iron
195 coupons. Also, zinc has previously been shown to display a death rate constant of contact killing $< 1/20$ of
196 that of copper or silver (34), while cadmium has never been tested for contact killing. Taken together, these

197 observations suggest that displacement of iron from [4Fe-4S] clusters does not play a significant role in
198 contact killing or, for that matter, the killing of cells on iron in the presence of copper.

199 Killing of various species of streptococci in solution by Fe^{2+} or Cu^+ ions, but not by Fe^{3+} or Cu^{2+} ions, has
200 previously been reported by Dunning et al. (30). These experiments were conducted under anaerobic
201 conditions to prevent ROS production, but in the absence of metallic surfaces. Over four logs of killing in 50
202 min by 5 to 10 mM Fe^{2+} or Cu^+ was observed for streptococci, but considerably slower killing occurred with
203 *E. hirae* ATCC 9790, the strain used in this study. The authors concluded that killing was primarily due to
204 inhibition of F-ATPase by Fe^{2+} or Cu^+ , but we do not share this interpretation. While inhibition of cellular
205 functions impairs growth, it does not necessarily lead to cell death. Killing by the simultaneous presence of
206 iron and copper, as in the experiments reported here, was not investigated. Also, no measurements of
207 residual oxygen or ROS production were reported, but this study underlines the importance of ionic species
208 of iron and copper in the antibacterial activity of these metals.

209 In an atomic force microscopy study, it was found that the outer membrane of bacteria in contact with
210 antibacterial stainless steel that contains 3.8% copper undergoes substantial changes, and suggests that
211 membrane damage is a major event in contact killing (35). There was also release of copper ions by the
212 copper-containing antibacterial stainless steel, thus providing an additional toxic component. It would be
213 interesting to know if there was also generation of Cu^+ under these conditions, but this question was not
214 addressed. The study does, however, highlight the importance of bacteria-metal contact, as previously
215 reported for copper and thus supports the current model of contact killing (17). Taken together, these and
216 our findings suggest novel design criteria for antimicrobial, functional materials, based on combinations of
217 iron and copper and show the greater potency of Cu^+ compared to Cu^{2+} in contact killing.

218

219 **ACKNOWLEDGEMENT**

220 We thank Thomas Weber for expert technical assistance and Ilya Kublanov for suggesting the use of copper
221 ions on iron coupons. This work was supported by Russian Federation Government grant to leading
222 scientists (contract number 14.Z50.31.0011).

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307

308

309 **FIGURE LEGENDS**

310

311 **FIG 1 A.** Contact killing of *E. hirae* on iron. Cells suspended in Na-HEPES buffer and 4 mM CuSO₄ were
312 incubated on iron coupons under either aerobic (●) or anaerobic (○) conditions. Controls without copper
313 under anaerobic (▲) or anaerobic (Δ) conditions. B. As in A, but cells suspended in Tris-Cl buffer. The error
314 bars indicate the standard deviations of three independent experiments.

315

316 **FIG 2** Measurement of Cu⁺ production. Iron coupons were incubated with cell suspensions containing 4 mM
317 of CuSO₄ under either aerobic (●) or anaerobic (○) conditions. At the times indicated, samples were
318 withdrawn and the Cu⁺ formed was complexed with BCA, followed by spectrophotometric determination of
319 Cu⁺ as described under Materials and methods. The error bars indicate the standard deviations of three
320 independent experiments.

321

322 **FIG 3** Determination of iron release. Iron coupons were incubated with cell suspensions under the following
323 conditions: minus cells minus copper (○), plus cells minus copper (●), plus cells plus copper (▲), and minus
324 cells plus copper. Copper was always 4 mM CuSO₄. At the times indicated, samples were withdrawn and the
325 iron content was determined by ICP-AE spectroscopy as described under Materials and methods. The error
326 bars indicate the standard deviations of three independent experiments. * *P* < 0.006, ** *P* < 0.03 by
327 Student's *t* test.

328

329 **FIG 4 Contact killing in the presence of BCA.** Survival of cells in suspension was determined in the presence
330 of both 4 mM CuSO₄ and 2 mM BCA on either iron (■) or glass (□), or in the presence of only BCA on iron (●)
331 or glass (○). The experiment was conducted as described in the legend to Fig. 1. The error bars show the
332 standard deviations of three independent experiments.

333

334 **FIG 5** Exposure to iron in the presence of Zn²⁺ or Cd²⁺. Cells in the presence of 4 mM ZnSO₄ were exposed to
335 either iron (■) or glass (□), or were exposed in the presence of 4 mM CdSO₄ to either iron (▲) or glass (Δ).
336 Also shown are controls without metal ions on iron (●) or glass (○). Other details of the experiment are as
337 described in the legend to Fig. 4. The error bars show the standard deviations of three independent
338 experiments.

Fig. 1A

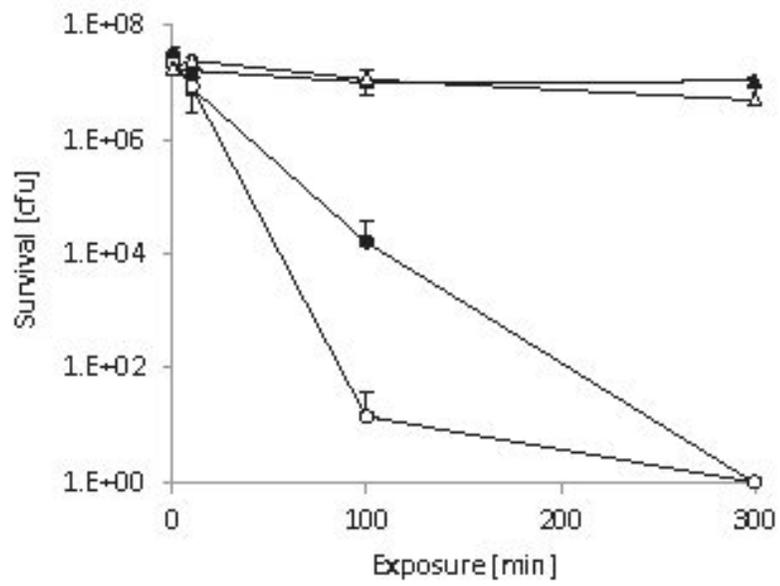


Fig. 1B

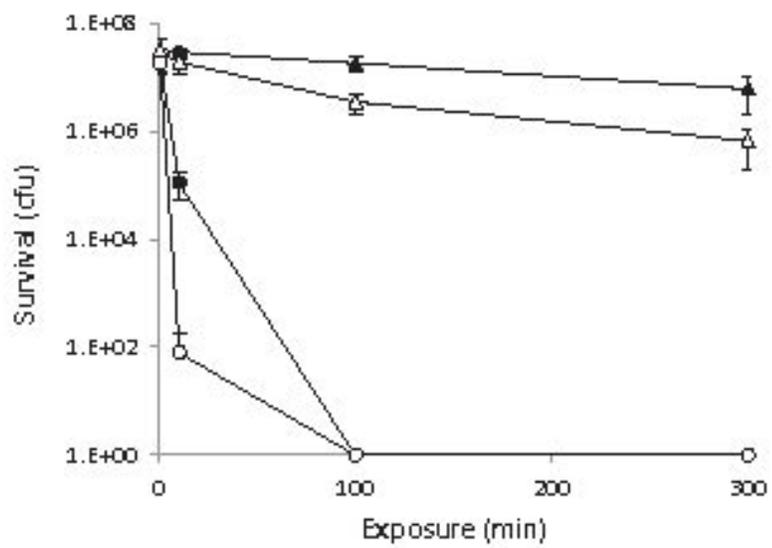


Fig. 2

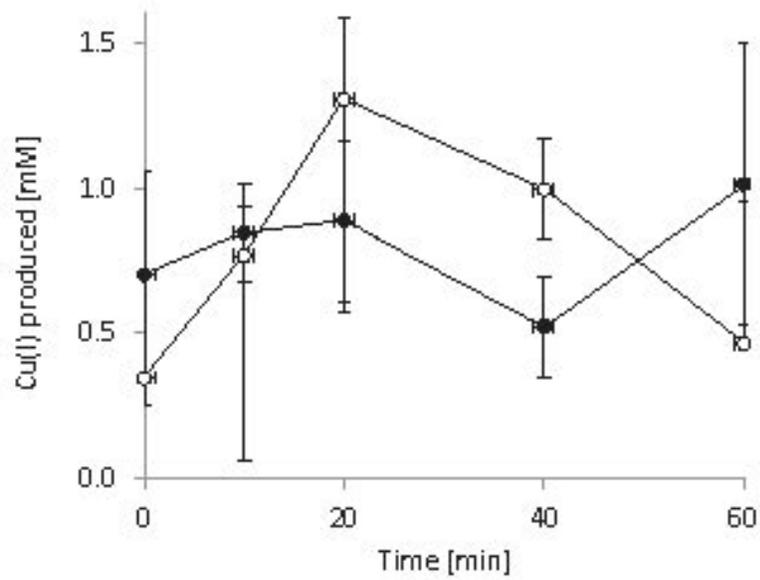


Fig. 3

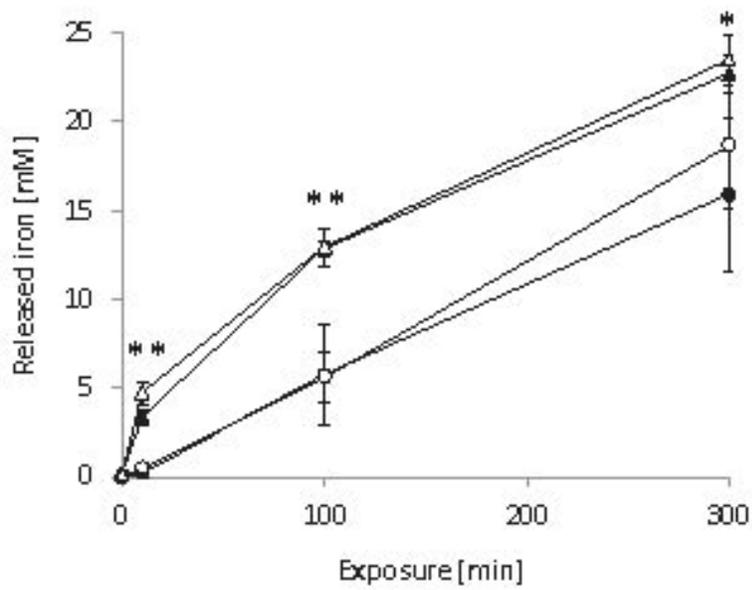


Fig. 4

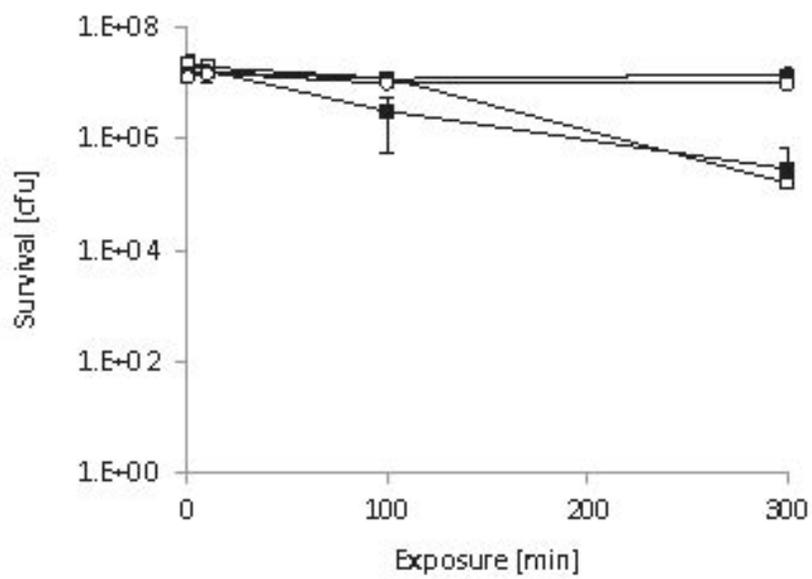


Fig. 5

